# FRESNO UNIFIED SCHOOL DISTRICT Position Description

TITLE: Athletic Trainer, Certified **REPORTS TO:** Assigned Supervisor

**DEPARTMENT:** Athletics **CLASSIFICATION:** Management

FLSA: Exempt WORK YEAR: 228 days

BOARD APPROVAL: October 12, 2016 SALARY: E-15/Management Salary Schedule

BASIC FUNCTION: Under the direction of the assigned supervisor and/or Site Athletic Director organize and conduct a comprehensive program in the prevention and care of athletic injuries. Evaluates the physical condition and advises and treats student athletes to maintain maximum physical fitness for participation in athletic competition, while keeping the mental and physical welfare of the athlete as the top priority. Promotes the prevention of injuries by all available means including conditioning, protective equipment, exercising, taping, and training techniques.

REPRESENTATIVE DUTIES: (Persons employed in this position may perform any combination of the essential functions shown below (E). This position description is not intended to be an exhaustive list of all duties, knowledge, or abilities associated with this classification, but is intended to accurately reflect the principal job elements.)

Evaluates athletic injuries. Administers first aid and CPR as needed to injured student athletes. Requests additional emergency medical treatment as required. E

Recommends to parents/students appropriate medical care related to injuries. E

Maintains appropriate files and records for student athletes which may include copies of physician diagnosis, treatment plans, prescriptions, physical examination reports, documentation of treatment provided, medical history forms, accident reports and insurance forms. *E* 

Provides and assists with rehabilitation programs and treatments for strains, sprains, contusions, soreness, and exercises to strengthen muscles.  $\boldsymbol{E}$ 

Assists in educating student athletes in injury prevention, nutrition, health and weight management. E

Assists and provides "hands on" experience and supervision for student athletic trainers. E

Performs various external techniques for muscular skeletal support. E

Provides reports to coaches, athletic directors, and nurses on injuries, medical reports and status of athletes under treatment. Certifies medical eligibility of students to return to the athletic program. *E* 

Maintains the Athletic Training Room in a clean, organized manner. Responsible for the inventory and requisition of all training room supplies and equipment through protocol established with the Athletic Director. *E* 

Perform related duties as assigned.

# **EDUCATION AND EXPERIENCE:**

Graduation from an athletic training program accredited by the Commission on Accreditation of Athletic Training Education (CAATE) with a bachelor's or master's degree. Previous experience working as an Athletic Trainer preferred.

# LICENSES AND OTHER REQUIREMENTS:

NATA BOC Athletic Trainer Certification required; Valid California Driver's License and current CPR certification required.

#### **KNOWLEDGE AND ABILITIES:**

#### KNOWLEDGE OF:

Applicable sections of State and Federal laws, regulations and codes.

Fundamental principles and accepted trends in the field of athletic training.

Physical, intellectual, social, and emotional growth patterns in students.

Interpersonal skills using tact, patience, and courtesy.

Principles and practices of supervising, training and providing work direction.

District organization, operations, policies, objectives and goals.

# ABILITY TO:

Read, analyze, and understand scientific and technical journals related to sports medicine, legal documents, and physician and physical therapist orders.

Respond to common inquiries or complaints from students, parents, coaches and other employees.

Properly use and care for materials, supplies and equipment employed in performing services as an athletic trainer.

Work confidentially with discretion.

Work independently and exercise independent judgment within scope of responsibility.

Complete work with many interruptions.

Establish and maintain cooperative and effective working relationships with a diverse range of people.

Compose correspondence and written materials independently.

Plan, organize and prioritize work in order to meet schedules and time lines.

Travel to other sites and locations.

Communicate, understand and follow both oral and written directions effectively.

Maintain current knowledge of trends in the assigned field.

Analyze situations accurately and adopt an effective course of action.

Learn new or updated computer systems and/or software programs to apply to current work.

Design an effective system of reporting progress and monitoring results.

Communicate using patience and courtesy in a manner that reflects positively on the organization.

Actively participate in meeting District goals and outcomes

Apply integrity and trust in all situations.

# **WORKING CONDITIONS:**

#### **ENVIRONMENT:**

Employees in this classification work in outside and inside environments such as an athletic training room, campus, or an athletic event. Employees drive a vehicle to various locations to conduct work, work evening and variable hours, encounter blood-borne pathogens, chemicals, airborne communicable diseases, extreme weather, uneven surfaces or elevations, and extreme noise levels.

### PHYSICAL ABILITIES:

Hearing and speaking to exchange information.

Dexterity of hands and fingers to operate a computer keyboard and perform essential functions.

Seeing to read a variety of materials and evaluate injuries.

Sitting for extended periods of time.

Walking for extended periods of time.

Ability to lift and/or move up to 50 pounds.

Occasionally lift and/or move up to 100 pounds.

Fresno Unified School District is an Equal Opportunity/Affirmative Action Employer and reasonable accommodations are made under the Americans with Disability Act as required by law.